



## 2023 Over-the-Counter (OTC) Benefit Catalog

Blue Cross and Blue Shield of Louisiana HMO offers Blue Advantage (HMO). Blue Cross and Blue Shield of Louisiana, an independent licensee of the Blue Cross Blue Shield Association, offers Blue Advantage (PPO).

## Order Guidelines



### Order Online

Order online via your Flex Card Online Account. To access your account, visit [www.bcbsla.com/blueadvantage](http://www.bcbsla.com/blueadvantage) and click **Member** in the top right corner. From the Member site, log in and click **Access Your Flex Card**. See instructions on page 3 if you need help registering for your online account.



### Order by Mail

If you would like to place an order by mail, please complete the detachable order form located within this guide after the itemized catalog. Once completed, mail the order form to:

**Blue Advantage Flex Card Customer Service**  
**4613 N. University Drive, Unit #586**  
**Coral Springs, FL 33067**

If the end of the benefit period is approaching, you can order online or call us if you do not think your order form will be received in time.



### Order by Phone

If you would like to place an order over the phone, our Blue Advantage Flex Card Help Line is available Monday – Friday from 7 a.m. to 7 p.m. Central Time at **1-833-952-2772** (TTY 711).



### Shop In-Person

Visit a participating pharmacy or retailer to buy eligible OTC items with your available funds. Participating retailers can be found on your Flex Card Online Account.

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- Your benefit amount is offered at the beginning of each quarter.
  - If you disenroll from Blue Advantage, your OTC benefit will automatically terminate.
  - You do not need to spend your full available allowance in a single order. You can make multiple orders during the benefit period as long as you have funds available.
  - Any purchases that exceed your benefit amount will not be covered by your Flex Card.
  - Your order total will be applied to the benefit period in which the order is received. Please note, orders for the benefit period must be placed prior to 11 p.m. Central Time of the last day of the period.
  - OTC products are intended for member use only to help with a health or medical need. Blue Advantage prohibits the use of this benefit to order OTC items for anyone other than the member.
  - Due to the personal nature of these products, returns are not accepted.
  - Items in the OTC catalog occasionally change during the year. For the most up-to-date listing of OTC products available, access your Flex Card Online Account or call the Blue Advantage Flex Card Help Line at **1-833-952-2772** (TTY 711), 7 a.m. - 7 p.m. Central Time.
  - The health information provided in the catalog is general in nature and is not medical advice or a substitute for professional health care. All product and company names are trademarks™ or registered® trademarks of their respective holders. Use of them does not imply any affiliation with or endorsement by them.

**FOR DELIVERY** Allow 14 business days from the time order is placed.

### Online Access to Your OTC Benefit is Fast, Easy and Secure!

Your Flex Card Online Account offers many convenient features. You are able to...

- Browse the OTC products that are available to you
- Access a digital copy of your OTC catalog
- Monitor your available balance while you shop
- Track your order and view your order history
- Manage your account
- And more!

If you have already created an account online, just log in to get started! If it's your first time ordering online, you will need to register and set up your account.

### Registration is easy and takes only a few minutes to complete.

To get the most from your Flex Card, the first step is to sign up for your Blue Advantage online account if you have not done so already. Once you are logged into your Blue Advantage online account, you can then sign up for your Flex Card account to view your card balances, order over-the-counter supplies online and more!

#### 1. Sign Up for Your Blue Advantage Online Account

##### To sign up for your online account:

- Visit [www.bcbsla.com/blueadvantage](http://www.bcbsla.com/blueadvantage)
- Click **Member** in the top right corner
- From the Member site, select **Member Login**

##### To sign up, you will need your:

- Blue Advantage Member ID number from your ID card
- Date of birth
- Phone number
- Email address

#### 2. Sign Up for Your Flex Card Online Account

Once you have signed up for your Blue Advantage online account, you will be able to sign up for your Flex Card account.

##### To access your Flex Card account:

- Click **Access Your Flex Card Account** from your Blue Advantage online account homepage to register and to access your account

##### To sign up, you will need your:

- Blue Advantage Member ID number from your ID card
- Date of birth

If you need any assistance, please give our Blue Advantage Flex Card Help Line a call at **1-833-952-2772** (TTY 711) Monday – Friday from 7 a.m. - 7 p.m. Central Time.

\* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (\*).

‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.

Item #	Product	Packaging	Strength	Price
<b>ALLERGY</b>				
163	Allergy Nasal Spray, 24-hour	60 spray	50mcg	\$19.00
34	Cetirizine	30 ct	10mg	\$8.00
406	Children's Allergy Liquid	4 oz		\$5.00
701	Chlorpheniramine Maleate Antihistamine	24 ct	4mg	\$3.00
609	Diphenhydramine Antihistamine	100 ct	25mg	\$6.00
29	Diphenhydramine Antihistamine	24 ct	25mg	\$3.00
25	Loratadine Allergy Tabs	30 ct	10mg	\$6.00
482	Nasal Decongestant Inhaler	1		\$9.00
176	Nasal Decongestant Spray, 12-Hour	1 oz		\$5.00
104	Nasal Spray, Saline	1.5 oz		\$4.00
<b>ANTACIDS &amp; ACID REDUCERS</b>				
121	Antacid Chewables	150 ct	500mg	\$6.00
254	Antacid Chewables Extra Strength	96 ct	500mg	\$5.00
625	Antacid/Anti-Gas Liquid	12 oz		\$7.00
126	Effervescent Antacid & Pain Relief	36 ct		\$6.00
159	Famotidine (Acid Reducer)*	30 ct	10mg	\$7.00
222	Omeprazole (Acid Reducer)*	14 ct	20mg	\$16.00
323	Simethicone (Gas Relief)	100 ct	80mg	\$6.00
<b>ANTICANDIDAL (YEAST)</b>				
392	Miconazole (3-Day Cream w/Applicator)	1		\$15.00

Item #	Product	Packaging	Strength	Price
<b>ANTI-DIARRHEAL, LAXATIVES &amp; DIGESTIVE HEALTH</b>				
49	Anti-Diarrheal	12 ct	2mg	\$5.00
634	Anti-Nausea Liquid	4 oz		\$7.00
250	Bisacodyl E.C.	100 ct	5mg	\$5.00
133	Bismuth Chewable Tablets	30 ct	262mg	\$7.00
185	ClearLax	4 oz		\$9.00
171	Enema Saline	4.5 oz		\$4.00
298	Fiber Tablets <sup>‡</sup>	90 ct	625mg	\$9.00
303	Glycerin Suppository, Adult	25 ct		\$5.00
449	Lactase Capsules	60 ct		\$12.00
291	Milk of Magnesia	12 oz	1,200mg	\$5.00
111	Pink Bismuth Liquid	8 oz	525mg/30ml	\$6.00
432	Psyllium Powder	13 oz		\$14.00
152	Stool Softener	100 ct	100mg	\$9.00
<b>ANTI-FUNGAL</b>				
505	Clotrimazole (Athlete's Foot Cream)	.5 oz		\$9.00
497	Miconazole Nitrate (Anti-fungal Cream)	2 oz		\$9.00
180	Tolnaftate	1.25 oz		\$4.00
<b>BATHROOM SAFETY &amp; FALL PREVENTION</b>				
1067	Adjustable Transfer Bench	1		\$60.00
1068	Bath Bench with Back	1		\$50.00
1066	Bath Bench without Back	1		\$40.00
414	Bath Mat, Non-Skid	1		\$15.00
1069	Bath Tub Safety Rail	1		\$40.00
1071	Bedside Commode*	1		\$50.00
343	Folding Cane Ergonomic Handle*	1		\$20.00

Item #	Product	Packaging	Strength	Price
453	Knurled Chrome Grab Bar - 12	1		\$19.00
507	Knurled Chrome Grab Bar - 24	1		\$22.00
57	Nightlight 1 ct	1		\$4.00
1048	Quad Cane, Large Base*	1		\$35.00
1049	Quad Cane, Small Base*	1		\$25.00
1065	Raised Toilet Seat	1		\$20.00
456	Shower Mat, Non-Skid	1		\$20.00
1070	Toilet Safety Rails	1		\$45.00
<b>COLD &amp; FLU</b>				
206	Cough & Cold for High Blood Pressure	16 ct		\$6.00
327	Cough Drops	30 ct		\$3.00
107	Cough Drops, Sugar Free	25 ct		\$3.00
119	Cough Syrup	4 oz	200mg/10ml	\$7.00
595	Guaifenesin Tablets	100 ct	200mg	\$12.00
292	Mucus Relief DM Tablets	30 ct	400mg/20mg	\$6.00
221	Mucus Relief Tablets	30 ct	400mg	\$6.00
252	Multi-Symptom Cold Formula	20 ct		\$7.00
304	Nasal Decongestant PE	36 ct	10mg	\$5.00
213	Night Time Cold & Flu	8 oz		\$8.00
93	Sore Throat Lozenges, Cherry	18 ct		\$4.00
236	Sore Throat Spray	6 oz		\$6.00
62	Tussin DM Sugar Free	4 oz		\$7.00
422	Tussin DM Syrup	4 oz		\$9.00
37	Vapor Rub	3.5 oz		\$4.00
<b>COLD SORE &amp; MEDICATED LIP PRODUCTS</b>				
12	Lip Balm	1		\$4.00

Item #	Product	Packaging	Strength	Price
<b>DENTAL &amp; DENTURE CARE</b>				
40	Dental Floss	1		\$3.00
73	Dental Travel Kit	1		\$6.00
150	Denture Adhesive Cream	2.4 oz		\$9.00
207	Denture Brush	1		\$3.00
66	Denture Cleaning Tablets	40 ct		\$4.00
616	Fingertip Tooth & Gum Massager	1		\$6.00
72	Interdental Flossups	90 ct		\$5.00
599	Interdental Gum Brushes	10 ct		\$6.00
112	Mouthwash	4 oz		\$2.00
194	Oral Pain Relief	.33 oz		\$4.00
587	Rechargeable Toothbrush Replacement Heads	2 ct		\$10.00
468	Tongue Cleaner	1		\$6.00
4	Toothbrush - Adult	1		\$3.00
617	Toothbrush, Colgate - Soft	1		\$1.00
287	Toothbrush, Rechargeable	1		\$30.00
95	Toothpaste, Colgate	4 oz		\$3.00
52	Toothpaste, Sensitive Teeth	4.3 oz		\$4.00
563	Water Jet Rechargeable Replacement Tips	5 ct		\$20.00
188	Water Jet, Rechargeable	1		\$30.00
317	Water Jet, Battery Operated	1		\$50.00
<b>DIABETES CARE</b>				
295	Diabetic Skin Relief Foot Cream	4 oz		\$10.00
202	Diabetic Socks, Black, Large	3-pack		\$8.00
201	Diabetic Socks, Black, Medium	3-pack		\$8.00
199	Diabetic Socks, White, Large	3-pack		\$8.00

Item #	Product	Packaging	Strength	Price
198	Diabetic Socks, White, Medium	3-pack		\$8.00
390	Glucose Tablets	50 ct		\$7.00
<b>DIAGNOSTICS</b>				
508	Activity Tracker	1		\$40.00
460	Blood Pressure Monitor, Arm Talking <sup>‡</sup>	1		\$40.00
71	Blood Pressure Monitor, Fully Auto (Arm) <sup>‡</sup>	1		\$35.00
187	Blood Pressure Monitor, Fully Auto (Arm) with XL Cuff <sup>‡</sup>	1		\$50.00
626	XL Cuff for Fully Auto Arm BPM (Cuff Only)	1		\$15.00
85	Blood Pressure Monitor, Wrist <sup>‡</sup>	1		\$30.00
499	Blood Pressure Monitor, Wrist Talking <sup>‡</sup>	1		\$35.00
1047	Digital Bathroom Scale <sup>‡</sup>	1		\$40.00
394	Fever Strip Thermometer	1		\$6.00
270	Finger Pulse Oximeter <sup>‡</sup>	1		\$30.00
360	Flexible Tip Thermometer	1		\$10.00
559	Heart Rate Monitor Watch <sup>‡</sup>	1		\$40.00
514	Peak Flow Meter <sup>‡</sup>	1		\$15.00
399	Thermometer Probe Covers	30 ct		\$5.00
48	Thermometer, Digital 60 Seconds	1		\$7.00
105	Thermometer, Digital Ear	1		\$30.00
283	Thermometer, Talking Ear and Forehead	1		\$45.00
<b>EYE &amp; EAR CARE</b>				
61	Artificial Tears Drops	.5 oz		\$5.00
245	Cosmetic Tweezer	1		\$3.00
220	Cotton Tipped Swabs	300 ct		\$5.00
148	Ear Wax Removal Drops	.5 oz		\$4.00
483	Ear Wax Removal System w/Rubber Bulb	1		\$7.00



Item #	Product	Packaging	Strength	Price
32	Eyeglass Cleaner	1		\$4.00
106	Irritation & Redness Relief Eye Drops	15 ml		\$4.00
560	Multi-Purpose Contact Lens Solution	12 oz		\$10.00
731	Reading glass Diopter 1.0	1	Diopter 1.0	\$4.00
732	Reading glass Diopter 1.25	1	Diopter 1.25	\$4.00
733	Reading glass Diopter 1.5	1	Diopter 1.5	\$4.00
734	Reading glass Diopter 1.75	1	Diopter 1.75	\$4.00
735	Reading glass Diopter 2.0	1	Diopter 2.0	\$4.00
736	Reading glass Diopter 2.25	1	Diopter 2.25	\$4.00
737	Reading glass Diopter 2.50	1	Diopter 2.50	\$4.00
738	Reading glass Diopter 2.75	1	Diopter 2.75	\$4.00
739	Reading glass Diopter 3.0	1	Diopter 3.0	\$4.00
740	Reading glass Diopter 3.25	1	Diopter 3.25	\$4.00
741	Reading glass Diopter 3.5	1	Diopter 3.5	\$4.00
742	Reading glass Diopter 4.0	1	Diopter 4.0	\$4.00
485	Swim-Ear Ear Drops	1 oz		\$7.00
<b>FIRST AID</b>				
19	Adhesive Bandages	100 ct		\$4.00
315	After Bite Relief	.5 oz		\$9.00
8	Alcohol Pads*	100 ct		\$4.00
395	Anti-Itch Cream	1 oz		\$5.00
578	Antiseptic Skin Cleanser (No Rinse Foam Cleanser)	8 oz		\$9.00
517	Antiseptic Towelettes (Resealable Canister)	40 ct		\$7.00
175	Bacitracin Ointment	1 oz	500u/gm	\$3.00
581	Bactine Solution	4 oz		\$14.00

Item #	Product	Packaging	Strength	Price
610	Caldyphen Clear (Anti-Itch Lotion)	6 oz		\$12.00
430	Cotton Balls	300 ct		\$3.00
717	Dust and Germ Well Mask	10 ct		\$4.00
131	Elastic Bandage - 3 x 5 yd	3 x 5 yd		\$3.00
583	Elastic Bandage - 4 x 5 yd	4 x 5 yd		\$3.00
571	Elastic Bandage - 6 x 5 yd	6 x 5 yd		\$3.00
572	First Aid Kit, 15 Pieces	15 pieces		\$4.00
337	First Aid Kit, 175 Pieces	175 pieces		\$15.00
70	First Aid Kit, 75 Pieces	75 pieces		\$8.00
421	Flex Seal Spray Bandage	1.35 oz		\$6.00
91	Hot Cold Reusable Pack 4 x 6	1 ct.		\$3.00
44	Hydrocortisone 1% Cream	1 oz		\$3.00
56	Hydrogen Peroxide	16 oz		\$5.00
282	Insect Repellant Spray - Deet	2 oz		\$6.00
235	Insect Repellant Spray - Deet	4 oz		\$9.00
374	Insect Repellant Spray - Deet	8 oz		\$14.00
393	Iodine Solution Antiseptic	4 oz		\$6.00
77	Isopropyl Alcohol	16 oz		\$5.00
463	Isopropyl Alcohol, Wintergreen	16 oz		\$5.00
80	KN-95 Disposable Mask	2 ct		\$4.00
305	Neosporin	.5 oz		\$11.00
1044	Nitrile Exam Gloves Large	100 ct		\$10.00
184	Petroleum Jelly	4 oz		\$3.00
504	Procedural Face Masks w/Earloops	50 ct		\$9.00
18	Triple Antibiotic Ointment	1 oz		\$4.00
580	Wound Wash Spray	3 oz		\$9.00

Item #	Product	Packaging	Strength	Price
<b>FOOT CARE</b>				
613	Bunion Guard	1		\$9.00
500	Callus Cushions	6 ct		\$4.00
181	Foot Nail Brush and Pumice Stone	1 set		\$3.00
122	Foot Powder	7 oz		\$8.00
601	Lamb's Wool Padding	1		\$8.00
272	Manicure Beauty Set	1		\$3.00
745	Medicated Corn Remover Pads	9 ct		\$4.00
45	Nail File	1		\$3.00
260	Shoe Horn	1		\$3.00
391	Toe Protector, Universal	1		\$9.00
614	Toe Separator	6 ct		\$7.00
<b>HEMORRHOIDAL PREPARATIONS</b>				
218	Hemorrhoidal Ointment	2 oz		\$7.00
324	Hemorrhoidal Suppository	12 ct		\$8.00
160	Pre-moist Hemorrhoid Pads	100 ct		\$8.00
<b>HOME AIDS</b>				
1	Baby Wipes Travel Size	10 ct		\$3.00
663	Bib Clothing Protector, Adult	1		\$5.00
344	Button And Zipper Puller	1		\$6.00
403	Conditioner, Pro-Vitamin	13 oz		\$5.00
458	Cooling Towel	1		\$9.00
1057	CPAP Pillow Fiber Filled	1		\$50.00
1056	CPAP Pillow Memory Foam	1		\$65.00
1054	Cushion, Foam Ring	1		\$25.00
1053	Cushion, Gel / Foam Seat	1		\$30.00

Item #	Product	Packaging	Strength	Price
1055	Cushion, Lumbar	1		\$30.00
411	Door Knob Gripper	1		\$7.00
635	Elastic Mattress Cover - King	1		\$30.00
1052	Foam Pillow	1		\$40.00
22	Hair Brush & Comb Set	1		\$4.00
375	Hand Held Shower	1		\$25.00
1003	Humidifier, Ultra-Sonic Cool Mist	1		\$50.00
341	Inflatable Neck Cushion	1		\$8.00
135	Jar Opener Faucet Gripper	1		\$4.00
380	Key Turner	1		\$8.00
224	Kitchen Scale, Dial <sup>‡</sup>	1		\$20.00
533	Kitchen Scale, Digital <sup>‡</sup>	1		\$25.00
382	Lamp Switch Turner	1		\$5.00
92	Letter Opener	1		\$3.00
284	Long Handle Bath Sponge	1		\$7.00
170	Lysol Disinfecting Spray	12.5 oz		\$7.00
50	Lysol Disinfecting Wipes, Resealable Flat Pack	15 ct		\$4.00
149	Lysol Disinfecting Wipes, Resealable Flat Pack	80 ct		\$6.00
521	Lysol Spray On The Go	1 oz		\$4.00
475	Medicine Dropper	1		\$6.00
388	Medicine Spoon	1		\$8.00
99	Nail Clipper	1		\$3.00
541	Pill Bottle Opener Aid	1		\$4.00
428	Pill Crusher with Storage	1		\$9.00
197	Pill Cutter with Safety Shield	1		\$9.00
359	Pill Pouches, Disposable	100 ct		\$3.00

Item #	Product	Packaging	Strength	Price
209	Rain Bonnet	1		\$3.00
271	Reaching Aid Device	1		\$20.00
310	Shampoo, Non-Medicated	8 oz		\$3.00
385	Sharps Container	1 qt		\$9.00
544	Shave Cream	1.5 oz		\$3.00
562	Shave Cream	11 oz		\$6.00
447	Shopping Bag Carrier	1		\$4.00
195	Shopping Bag Carrier Jumbo Hook	1		\$6.00
350	Shower Cap	3 ct		\$3.00
429	Stress Ball	1		\$4.00
87	Tooth Paste Squeezer	1		\$3.00
3	Travel Adult Wipes	10 ct		\$4.00
345	Tummy Trimmer	1		\$8.00
253	Weekly AM / PM Pill Case	1		\$9.00
<b>INCONTINENCE SUPPLIES</b>				
217	A & D Ointment	4 oz		\$4.00
1009	Adult Briefs, Large*	20 ct		\$18.00
1008	Adult Briefs, Medium*	20 ct		\$18.00
1010	Adult Briefs, X-Large*	20 ct		\$18.00
1060	Att Discreet Women's Maximum Bladder Pad	20 ct		\$15.00
1061	Att Discreet Women's Moderate Bladder Pad	20 ct		\$15.00
1062	Att Discreet Women's Ultimate Bladder Pad	20 ct		\$15.00
1059	Attends Discreet Men's Guard	20 ct		\$14.00
1058	Attends Discreet Men's Shield	20 ct		\$14.00
489	Attends Discreet Women's Panty Liner	28 ct		\$9.00
549	Attends Discreet Women's Ultrathin Pad	20 ct		\$9.00

Item #	Product	Packaging	Strength	Price
586	Barrier Cream	4 oz		\$8.00
1063	Bladder Control Pad, Heavy Absorbency*	28 ct		\$14.00
1064	Bladder Control Pad, Maximum Absorbency*	28 ct		\$16.00
1000	Bladder Control Pad, Moderate Absorbency*	28 ct		\$12.00
156	Body Wash, Green Tea	12 oz		\$4.00
1005	Disposable Underwear, Large*	20 ct		\$20.00
1004	Disposable Underwear, Medium*	20 ct		\$20.00
1006	Disposable Underwear, X-Large*	20 ct		\$20.00
75	Flushable Wipes	24 ct		\$4.00
646	Lantiseptic Skin Protectant Ointment	4 oz		\$12.00
436	MaxiPad, Regular Absorbency	12 ct		\$5.00
280	MaxiPad, Super Absorbency	14 ct		\$5.00
520	No-Rinse Body Wash	8 oz		\$9.00
134	Panty Liners, Universal	22 ct		\$6.00
294	Perineal Wash Rinse-Free	8 oz		\$6.00
1012	Premier Disposable Underwear, Large*	20 ct		\$18.00
1011	Premier Disposable Underwear, Medium*	20 ct		\$18.00
1013	Premier Disposable Underwear, X-Large*	20 ct		\$18.00
232	ReadyBath Fresh Wipes	8 ct		\$6.00
1050	Underpad, Disposable - 23 x 24*	10 ct		\$10.00
1051	Underpad, Disposable - 30 x 30*	10 ct		\$10.00
306	Washcloth with Lanolin	68 ct		\$5.00
<b>MOTION SICKNESS</b>				
153	Motion Sickness Tablets	12 ct	50mg	\$4.00
<b>PAIN RELIEF AIDS</b>				
248	Active Ice Menthol Gel	4 oz		\$12.00

Item #	Product	Packaging	Strength	Price
334	Aspercreme	1.25 oz		\$15.00
21	Cold/Hot Menthol Medicated Patch	5 ct		\$8.00
108	Epsom Salt	16 oz		\$5.00
441	Fast Freeze Pain Relief Spray	4 oz		\$12.00
446	Heating Pad Wrap For Shoulder, Neck, and Back	1		\$55.00
138	Heating Pad, 12 x 15*	1		\$35.00
506	HeatWraps - Back & Hip	2 ct		\$15.00
538	HeatWraps - Neck, Shoulder, & Wrist	3 ct		\$12.00
480	Ice Bag	1		\$6.00
537	Instant Warms Packs	1		\$3.00
389	Lidocaine Patch	5 ct		\$15.00
74	Muscle Rub	3 oz		\$12.00
596	Pain Relief Mask	1		\$6.00
340	Pain Relieving Muscle Rub	2 oz		\$4.00
215	Salonpas Pain Relief Patches	5 ct		\$14.00
567	Warm or Cold Water Bottle	1		\$9.00
PAIN RELIEVERS & FEVER REDUCERS				
14	Acetaminophen (Regular Strength)	100 ct	325mg	\$3.00
116	Acetaminophen Arthritis	24 ct	650mg	\$6.00
120	Acetaminophen Chewables	30 ct	80mg	\$6.00
64	Acetaminophen Extra Strength	100 ct	500mg	\$6.00
100	Acetaminophen PM	50 ct	500mg	\$4.00
255	Arthritis Pain Reliever	100 ct	650mg	\$12.00
208	Aspirin	100 ct	325mg	\$5.00
311	Aspirin, Enteric Coated	100 ct	325mg	\$6.00
27	Aspirin, Enteric Coated, Low Dose	120 ct	81mg	\$3.00

Item #	Product	Packaging	Strength	Price
47	Aspirin, Low Dose, Chewables	36 ct	81mg	\$4.00
492	Capsaicin (Pain Relief Cream)	2 oz		\$15.00
409	Headache Relief Tablets	100 ct		\$8.00
130	Ibuprofen	100 ct	200mg	\$5.00
469	Ibuprofen	500 ct	200mg	\$12.00
88	Naproxen Sodium	100 ct	220mg	\$9.00
<b>PEDICULICIDE (LICE TREATMENT)</b>				
314	Lice Treatment Shampoo	4 oz		\$9.00
<b>SKIN &amp; SUN CARE</b>				
136	Acne Gel 10% Benzoyl Peroxide	1 oz		\$6.00
564	Ammonium Lactate Moisturizing Lotion	8 oz		\$9.00
81	Anti-Bacterial Wet Wipes	24 ct		\$3.00
228	Calamine Skin Protectant Lotion	6 oz		\$6.00
76	Hand Sanitizer	8 oz		\$5.00
239	Moisturizing Body Lotion with Aloe	8 oz		\$6.00
165	Sunscreen Lotion Babies SPF 50	8 oz		\$9.00
326	Sunscreen Lotion SPF 30	3.5 oz		\$6.00
648	Sunscreen Lotion SPF 30	1.5 oz		\$4.00
<b>SLEEP AIDS</b>				
151	Diphenhydramine Sleep Tabs	50 ct	25mg	\$5.00
216	Eye Mask	1		\$4.00
531	Nasal Strips, Medium / Large	30 ct		\$15.00
400	Snoring Nose Strips	10 ct		\$9.00
<b>SMOKING CESSATION</b>				
377	Nicotine Gum <sup>‡</sup>	110 ct	4mg	\$35.00
704	Nicotine Lozenges <sup>‡</sup>	72 ct	4mg	\$45.00



Item #	Product	Packaging	Strength	Price
<b>SUPPORTS &amp; BRACES</b>				
362	Ankle Support	1		\$10.00
722	Arm Sling	1		\$14.00
369	Arthritis Gloves, Large	1 ct		\$20.00
584	Arthritis Gloves, Medium	1 ct		\$20.00
629	Arthritis Gloves, Small	1 ct		\$20.00
642	Arthritis Knee Sleeve, Large	1		\$15.00
654	Arthritis Knee Sleeve, Medium	1		\$15.00
720	Arthritis Knee Sleeve, Small	1		\$15.00
624	Arthritis Knee Sleeve, X-Large	1		\$15.00
462	Back Support Elastic	1		\$30.00
725	Carpal Tunnel Night Brace	1		\$32.00
602	Compression Knee High Socks, Women's Beige, Large	1		\$20.00
674	Compression Knee High Socks, Women's Beige, Medium	1		\$20.00
723	Compression Knee High Socks, Women's Beige, Small	1		\$20.00
486	Compression Knee High Socks, Women's Black, Large	1		\$20.00
608	Compression Knee High Socks, Women's Black, Medium	1		\$20.00
728	Compression Knee High Socks, Women's Black, Small	1		\$20.00
474	Elbow Support Elastic	1		\$10.00
706	Heel & Elbow Protector, Universal	1		\$12.00
724	Hip Protector, Large	1		\$43.00
713	Hip Protector, Medium	1		\$43.00
730	Hip Protector, Small	1		\$43.00
718	Hip Protector, X-Large	1		\$43.00
579	Knee Stabilizer	1		\$30.00

Item #	Product	Packaging	Strength	Price
566	Knee Support, Elastic, Large	1		\$10.00
466	Knee Support, Elastic, Medium	1		\$10.00
450	Knee Support, Elastic, Small	1		\$10.00
685	Knee Support, Elastic, Small w/Stays	1		\$30.00
333	Palm Support	1		\$3.00
471	Protective Arm Sleeve - Large	1		\$25.00
683	Protective Arm Sleeve - Small	1		\$25.00
518	Protective Arm Sleeve - X-Large	1		\$25.00
680	Rib Belt - Female (one size fits most)	1		\$16.00
516	Rib Belt - Male (one size fits most)	1		\$16.00
615	Thumb Brace	1		\$15.00
681	Wrist Compression - Large	1		\$14.00
672	Wrist Compression - Medium	1		\$14.00
694	Wrist Compression - Small	1		\$14.00
709	Wrist Compression - X-Large	1		\$14.00
281	Wrist Splint	1		\$15.00
357	Wrist Support	1		\$10.00
<b>VITAMINS &amp; MINERALS</b>				
575	Adult Immune Support Supplement Tablets <sup>†</sup>	32 ct		\$9.00
302	Adult Multivitamin <sup>†</sup>	100 ct		\$6.00
716	Beta Carotene <sup>†</sup>	100 ct	25,000IU	\$9.00
623	Biotin <sup>†</sup>	60 ct	5,000mcg	\$9.00
264	Biotin Gummy <sup>†</sup>	60 ct	5,000mcg	\$9.00
300	Calcium <sup>†</sup>	60 ct	600mg	\$6.00
109	Calcium + Vitamin D3 <sup>†</sup>	60 ct		\$5.00
127	Calcium+Vitamin D3 Gummy Child <sup>†</sup>	30 ct	250mg/500IU	\$12.00

Item #	Product	Packaging	Strength	Price
365	Cod Liver Oil†	100 ct		\$9.00
748	Coenzyme Q-10†	60 ct	100mg	\$12.00
667	Daily Multivitamin†	100 ct		\$6.00
231	Daily Multivitamin Gummy†	60 ct		\$13.00
532	Daily Multivitamin w/Minerals†	100 ct		\$8.00
479	DHEA†	30 ct	50mg	\$12.00
140	Ferrous Sulfate†	100 ct	325mg	\$5.00
90	Fish Oil Soft Gels†	30 ct	1,000mg	\$7.00
554	Fish Oil Soft Gels†	120 ct	1,200mg	\$9.00
289	Flaxseed†	100 ct	1,000mg	\$11.00
451	Folic Acid†	100 ct	800mcg	\$6.00
545	Glucosamine Sulfate†	90 ct	500mg	\$9.00
102	Glucosamine/Chondroitin†	60 ct	500mg/400mg	\$14.00
234	Lutein†	30 ct	20mg	\$9.00
243	Magnesium†	100 ct	500mg	\$7.00
438	Melatonin†	90 ct	5mg	\$6.00
15	Melatonin Gummy†	60 ct	5mg	\$15.00
631	Niacin†	100 ct	500mg	\$9.00
524	Potassium Gluconate†	100 ct	595mg	\$9.00
656	Niacin, No Flush†	60 ct	500mg	\$9.00
606	Omega & DHA Gummy†	90 ct		\$14.00
607	One Daily Mens Multivitamin†	100 ct		\$9.00
318	One Daily Womens Multivitamin†	90 ct		\$8.00
807	PreserVision†	100 ct		\$40.00
351	PreserVision AREDS2†	100 ct		\$40.00
67	Senior Multivitamin†	90 ct		\$9.00

Item #	Product	Packaging	Strength	Price
233	Stress Formula w/Zinc <sup>‡</sup>	60 ct		\$9.00
262	Vitamin A <sup>‡</sup>	100 ct	10,000IU	\$9.00
659	Vitamin B-1 <sup>‡</sup>	100 ct	100mg	\$6.00
166	Vitamin B-12 <sup>‡</sup>	100 ct	1,000mcg	\$9.00
806	Vitamin B-12 <sup>‡</sup>	60 ct	500mcg	\$9.00
622	Vitamin B-12, Sublingual <sup>‡</sup>	60 ct	3,000mcg	\$9.00
263	Vitamin B-6 <sup>‡</sup>	100 ct	100mg	\$9.00
244	Vitamin B-Complex <sup>‡</sup>	100 ct		\$9.00
565	Vitamin B-Complex Gummy <sup>‡</sup>	70 ct		\$9.00
17	Vitamin C <sup>‡</sup>	100 ct	500mg	\$6.00
590	Vitamin C <sup>‡</sup>	100 ct	1,000mg	\$9.00
329	Vitamin C Gummy <sup>‡</sup>	60 ct	250mg	\$9.00
42	Vitamin C Gummy, Children <sup>‡</sup>	60 ct	125mg	\$10.00
542	Vitamin D3 <sup>‡</sup>	60 ct	5,000IU	\$9.00
186	Vitamin D3 <sup>‡</sup>	100 ct	1,000IU	\$9.00
269	Vitamin D3 Gummy <sup>‡</sup>	60 ct	2,000IU	\$9.00
162	Vitamin E Soft Gels <sup>‡</sup>	100 ct	400IU	\$8.00
191	Zinc Tab	100 ct	50mg	\$6.00
<b>WART REMOVER</b>				
261	Wart Remover, Liquid	1		\$6.00



# Louisiana

Blue Advantage (HMO) | Blue Advantage (PPO)

## 2023 OVER-THE-COUNTER (OTC) PRODUCT

# ORDER FORM

### STEP 1 - COMPLETE YOUR INFORMATION BELOW

Member ID (found on plan member ID card)

Date of Birth

First Name

Last Name and Suffix

MI

Street Number

Street Name

Apt/Suite #

City

State

ZIP Code

Daytime Phone

Email (Optional)

Please check box if this is a new address

### STEP 2 - PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
1	<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
2	<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
3	<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
4	<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>
5	<input type="text"/>	<input type="text"/>	\$ <input type="text"/>	\$ <input type="text"/>

*Please use the back side of this form to add more items to your order.*

Subtotal From Other Side \$

Total Order \$

Please mail this completed form to the following address:

**Blue Advantage Flex Card Customer Service, 4613 N. University Drive, #586, Coral Springs, FL 33067**

If you place your order using an order form, your order total will be applied to the month in which we receive your form. For example, if you mail your order form on June 29, but we receive it on July 1, your order total will be applied to your July benefit, not your June benefit.

Blue Cross and Blue Shield of Louisiana HMO offers Blue Advantage (HMO). Blue Cross and Blue Shield of Louisiana, an independent licensee of the Blue Cross Blue Shield Association, offers Blue Advantage (PPO).

## STEP 2 - PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
6	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
7	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
8	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
9	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
10	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
11	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
12	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
13	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
14	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
15	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
16	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
17	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
18	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
19	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
20	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> . <input type="text"/>	\$ <input type="text"/> . <input type="text"/>
<b>Subtotal</b>				\$ <input type="text"/> . <input type="text"/>

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# Louisiana

Blue Advantage (HMO) | Blue Advantage (PPO)

**[www.bcbsla.com/blueadvantage](http://www.bcbsla.com/blueadvantage)**